

Heart Beat Newsletter

The Monthly Newsletter from Heart Menders International, Inc.

P.O. BOX 516

Bethany, OK 73008-0516

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This Month's Features:

- "LISTENING & HEARING" by Carol Gordon
- "The New HMI Newsletter" by Steve Gordon
- Hope for the Hopeless Update
- Heart MENtors Update
- Funding Opportunities

RESOURCES:

- Prayer Requests: email them to PrayerRequests@HeartMenders.org
- Audio CD's, Books & Workbooks: www.HeartMenders.org

LISTENING AND HEARING

by Carol Gordon

"Listen carefully to Me, and eat what is good, And let your soul delight itself in abundance. Incline your ear, and come to Me. Hear, and your soul shall live; And I will make an everlasting covenant with you -- The sure mercies of David."¹

All of us have a desire in our hearts to be heard, to be recognized and honored. Often we suffer deep wounds from feeling we are ignored, or that our input is considered trivial. We feel greatly honored when someone really listens to us, caring about our concerns and the things we are interested in.

In many conversations, each person is only waiting for the other to take a breath so that he can jump in with his own opinion. That kind of self-consciousness keeps us from focusing on what is being said to us! We have hardly tuned in to truly listen and receive whatever is being offered. This is really dishonoring and disrespecting our friend or colleague, or especially our spouse or child.

If we want to be heard, we need to sow some serious listening. We can focus on what the other is saying and be sure we are interpreting their remarks correctly. We can ask for clarification, if we are not sure we have understood their content or their intention. This is a wonderful way to heal relationships that have been damaged by our perceived indifference. It is also the way to establish healthy new relationships.

One Person we need to honor is the Lord. He yearns for us to hear Him! He has so much that He wants to share with us, but without an active two-way

communication, this cannot happen. **"If you had responded to my rebuke, I would have poured out my heart to you and made my thoughts known to you."**² He doesn't always start with a rebuke, but we found this to be very real. The Lord would wake Louis and I up in the wee hours, and give us correction and direction. As we would repent, a whole new facet of Father's love would be revealed. This brought at great move of repentance into Heart Menders.

Many of us have been so wounded that we have a great fear of being open – even with the Lord. For this same reason, we are often not honest with ourselves, with others, and with Him, about what is really going on inside! He is the safe place we have been seeking to be heard in our pain!

Many times we do not understand what we need to, and it's because we fail to ask the One who has the answers! Sometimes we ask selfishly (James. 4:2), but more often we just fail to ask!! We are supposed to seek His face, ask our petitions of Him, and trust that He will provide the answers. If we spend no time in His presence, how will He be able to talk with us?

In Hebrew, "hear" is the word SHEMA, and means to hear intelligently, pay attention to, and obey! The Lord often uses this word as He calls to His people! How much we pay attention to and follow His instructions, determines how well our life goes. Not only that, we can live that we represent Him so well and that we help friends and family, especially the next generation, want a relationship with Him also!

1 – Isa 55:2b-3 2 - Prov 1:23 (NIV)

(All Scripture references are from the New King James Version unless otherwise noted)

YOU MAY ORDER PRODUCTS (OR SEND A DONATION) BY PayPal at www.HeartMenders.org

If you prefer to send a check, please print this part of the newsletter and mail it with your order or donation to:

HEART MENDERS INTERNATIONAL, INC.
P.O. BOX 516
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I commit to pray for Heart Menders _____ times each week.

I am enclosing a gift of \$ _____ as a(n):

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THE NEW HEART BEAT NEWSLETTER

We are excited about rolling out the new Heart Beat newsletter format for 2008. But it's not just a new format, it is a totally new approach. We are now seeking to provide our partners with a much more high quality newsletter, to be a true resource for personal transformation. We will be sending out the Heart Beat every month to everyone on the mailing list. One of the ways we are funding this is by our new Radio Sponsorship Program. We are on KTOK every week, the "original" and largest talk radio station in Oklahoma. Plus our current newsletter circulation is 1,000, so if you want to help sponsor Heart Menders and promote your business at the same time, be sure to call me at (405) 495-HOPE. Thanks & God bless! – Steve Gordon

"HOPE FOR THE HOPELESS" UPDATE

Our new outreach ministry, "Hope for the Hopeless" (H4H), has been growing and expanding. Here is a list of our current projects:

- The OKC Faith-Based Social Services Directory
- The "No Promises" Project for Prisoner Re-entry in OKC
- The OKC Storehouse Project
- Plans to open a "used furniture thrift store" in urban OKC

There is so much LIFE in this ministry. Please visit our website at www.H4Hweb.org to read more. And you can see current updates at our blog, www.H4Hweb.blogspot.com.

"HEART MENTORS" UPDATE

Our Monday night men's ministry is now in its sixth year – praise the Lord for His faithfulness. We meet at Steve's house for prayer and sharing at 7:00. All men are welcome, but especially those that are hurting.

FUNDING OPPORTUNITIES

We're kicking into high gear our efforts to have Heart Menders be well-funded and a ministry of excellence. We need four businesses to sponsor our Radio Program. Call (405) 495-HOPE to help.

NEWS AND NOTES

Dearest Partners and Friends:

This is an exciting Summer! The Lord is placing me strategically to meet some very interesting people. Some I add to my list of Radio Guests, with others I anticipate what the Lord may do with the connection. Faith and I plan to go to Texas later this week. I expect a blessed trip.

Steve and Karen took Sam, 16, to see both his brothers, Chandler in Texas and Austin in Alabama. They are having a nice time.

The POWERHOUSE MARRIAGE SEMINAR in July, with Dave and Linda Crites, was over the top! Any who missed it can get CD's of their teaching on the Web. They are such a gift to me and all who know them!!

The new format for the Heart Menders Radio Outreach is doing well. In August I am hosting Linda Caswell, OK State Director for Concerned Women for America. I have list of prospective guests. If you don't live here, you can get the program on the Internet in real time (7 AM CDT) on Sundays.

We are so grateful for our financial partners! Your gifts of \$5 to \$15, \$25 to \$30, or \$50 or larger, make our outreaches possible! There is a big, broken world out there for us to touch! Thanks again for your support! I know you will be blessed!

Our purpose is reaching out with the message of wholeness. Pray for HEART MENDERS, Heart MENtors (the men's ministry), and HOPE FOR THE HOPELESS. Please keep praying, "LORD, HELP CAROL FULFILL THE CALL ON HER LIFE."

Your sister in Him,

Carol Gordon

JOIN A HEART MENDERS PRAYER TEAM:

- Prayer Requests for Needs for healing
- Prayer for Me and Heart Menders
- Prayer for the Radio Ministry

Sign up by e-mailing me at carolgordon@heartmenders.org.

FAITH FELLOWSHIP CHURCH

900 N. MAY, OKC -- (405) 947-7022

SUNDAYS AT 10:30 & 6
WEDNESDAY PRAYER AT 6

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